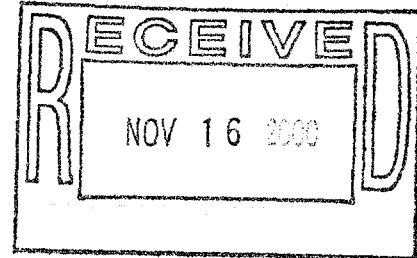


Partners in Health and Beauty

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW
Washington, D.C. 20204



November 8, 2000

This letter serves as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 (DSHEA), that Country Life® is using the following statement on the label of Well-Max Tablets (dietary ingredients: retinyl palmitate, beta carotene, vitamin C, pantothenic acid, calcium, zinc, Reishi mushroom, Shiitake mushroom, garlic, Echinacea purpurea, Astragalus, bee propolis, Echinacea angustifolia, Pau D'Arco extract, Golden Seal extract, N-acetyl cysteine, Schizandra berry extract, Siberian ginseng extract, grape seed extract). This statement is accompanied by the required disclaimer. To the best of my knowledge, the information contained in this notice is complete and accurate.

A comprehensive dietary supplement for wellness. Adaptogens have balancing and tonifying effects on the entire system.

Sincerely,

Morag Thorsen
Regulatory Affairs Manager B.A., M.A.L.S.

975-0162

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